

INFORMATION ABOUT COUNSELING IN ENGLISH

Person in charge: Waka Hemi (*Clinical Psychologist*)

Licenses:

Clinical Psychologist

Psychiatric Social Worker

Social Worker

(U.S.A.) State of Pennsylvania, Licensed Social Worker

Education:

Master's Degree in Psychology from Kobe Shoin Women's University

Master's Degree in Social Work from University of Pittsburgh

Bachelor's Degree in Social Work from Doshisha University

Employment Experiences:

Healthcare Corp. Konan Clinic, Shiga, Japan

Counselor

Osaka Prefectural Board of Education, Osaka, Japan

Shiga Prefectural Board of Education, Shiga, Japan

School Counselor

Kyoto Prefectural Board of Education, Kyoto, Japan

School Social Worker

Healthcare Corp. Support Center for People with Mental Disorders, Shiga, Japan

Psychiatric Social Worker, Clinical Psychologist

University of Pittsburgh Medical Center, Western Psychiatric Institute and Clinic, U.S.A.

Psychiatric Social Worker, Family Therapist

Languages:

Japanese Native

English Fluent

Specialities:

Family Therapy / Systems Approach

I'm a Clinical Psychologist specializing in Family Therapy / Systems Approach. I have experience in mental health field working with individuals and families in a variety of setting including outpatient, schools, homes and out-of-home placements. My client profile covers a wide range of issues from depression, anxiety, low self-esteem, severe mental health disorders, behavioral issues, and families with communication or relationship issues.

My work has always been strength-based. I believe in people with various challenges and highly value not only their strengths and abilities, but also their value, ideas and hope. I am passionate about supporting them to enhance their self-belief and embrace their own lives.

Dear. prospective clients

My goal is to walk with you and support you in living the life you desire, utilizing what you already have. I am Japanese. I study abroad and can speak English fluently, so I'll be more than happy to work with English speaking clients as well. I hope to help you get back on path to living your own life and find hope, peace, and joy in your life.

Appointments and inquiries: nagaokashinri@gmail.com